

Sinclairtabelle Männer

Gültigkeitszeitraum: 01.01.2017 - 31.12.2020

| | 0,0 | 0,1 | 0,2 | 0,3 | 0,4 | 0,5 | 0,6 | 0,7 | 0,8 | 0,9 |
|----|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 32 | 2,5752 | 2,5663 | 2,5575 | 2,5487 | 2,5400 | 2,5314 | 2,5229 | 2,5144 | 2,5060 | 2,4977 |
| 33 | 2,4894 | 2,4812 | 2,4731 | 2,4650 | 2,4570 | 2,4491 | 2,4412 | 2,4334 | 2,4256 | 2,4179 |
| 34 | 2,4103 | 2,4027 | 2,3952 | 2,3878 | 2,3804 | 2,3730 | 2,3658 | 2,3585 | 2,3514 | 2,3442 |
| 35 | 2,3372 | 2,3302 | 2,3232 | 2,3163 | 2,3095 | 2,3027 | 2,2959 | 2,2892 | 2,2826 | 2,2760 |
| 36 | 2,2695 | 2,2630 | 2,2565 | 2,2501 | 2,2438 | 2,2374 | 2,2312 | 2,2250 | 2,2188 | 2,2127 |
| 37 | 2,2066 | 2,2005 | 2,1945 | 2,1886 | 2,1827 | 2,1768 | 2,1710 | 2,1652 | 2,1594 | 2,1537 |
| 38 | 2,1480 | 2,1424 | 2,1368 | 2,1313 | 2,1258 | 2,1203 | 2,1148 | 2,1094 | 2,1041 | 2,0987 |
| 39 | 2,0935 | 2,0882 | 2,0830 | 2,0778 | 2,0726 | 2,0675 | 2,0625 | 2,0574 | 2,0524 | 2,0474 |
| 40 | 2,0425 | 2,0375 | 2,0327 | 2,0278 | 2,0230 | 2,0182 | 2,0134 | 2,0087 | 2,0040 | 1,9994 |
| 41 | 1,9947 | 1,9901 | 1,9855 | 1,9810 | 1,9765 | 1,9720 | 1,9675 | 1,9631 | 1,9587 | 1,9543 |
| 42 | 1,9500 | 1,9456 | 1,9413 | 1,9371 | 1,9328 | 1,9286 | 1,9244 | 1,9203 | 1,9161 | 1,9120 |
| 43 | 1,9079 | 1,9039 | 1,8998 | 1,8958 | 1,8918 | 1,8878 | 1,8839 | 1,8800 | 1,8761 | 1,8722 |
| 44 | 1,8684 | 1,8645 | 1,8607 | 1,8570 | 1,8532 | 1,8495 | 1,8458 | 1,8421 | 1,8384 | 1,8347 |
| 45 | 1,8311 | 1,8275 | 1,8239 | 1,8204 | 1,8168 | 1,8133 | 1,8098 | 1,8063 | 1,8028 | 1,7994 |
| 46 | 1,7960 | 1,7926 | 1,7892 | 1,7858 | 1,7825 | 1,7791 | 1,7758 | 1,7725 | 1,7693 | 1,7660 |
| 47 | 1,7628 | 1,7596 | 1,7564 | 1,7532 | 1,7500 | 1,7469 | 1,7437 | 1,7406 | 1,7375 | 1,7344 |
| 48 | 1,7314 | 1,7283 | 1,7253 | 1,7223 | 1,7193 | 1,7163 | 1,7133 | 1,7104 | 1,7075 | 1,7045 |
| 49 | 1,7016 | 1,6988 | 1,6959 | 1,6930 | 1,6902 | 1,6874 | 1,6846 | 1,6818 | 1,6790 | 1,6762 |
| 50 | 1,6735 | 1,6707 | 1,6680 | 1,6653 | 1,6626 | 1,6599 | 1,6572 | 1,6546 | 1,6519 | 1,6493 |
| 51 | 1,6467 | 1,6441 | 1,6415 | 1,6390 | 1,6364 | 1,6338 | 1,6313 | 1,6288 | 1,6263 | 1,6238 |
| 52 | 1,6213 | 1,6188 | 1,6164 | 1,6139 | 1,6115 | 1,6091 | 1,6067 | 1,6043 | 1,6019 | 1,5995 |
| 53 | 1,5971 | 1,5948 | 1,5924 | 1,5901 | 1,5878 | 1,5855 | 1,5832 | 1,5809 | 1,5787 | 1,5764 |
| 54 | 1,5741 | 1,5719 | 1,5697 | 1,5675 | 1,5652 | 1,5631 | 1,5609 | 1,5587 | 1,5565 | 1,5544 |
| 55 | 1,5522 | 1,5501 | 1,5480 | 1,5459 | 1,5438 | 1,5417 | 1,5396 | 1,5375 | 1,5354 | 1,5334 |
| 56 | 1,5313 | 1,5293 | 1,5273 | 1,5253 | 1,5233 | 1,5213 | 1,5193 | 1,5173 | 1,5153 | 1,5134 |
| 57 | 1,5114 | 1,5095 | 1,5075 | 1,5056 | 1,5037 | 1,5018 | 1,4999 | 1,4980 | 1,4961 | 1,4942 |
| 58 | 1,4924 | 1,4905 | 1,4887 | 1,4868 | 1,4850 | 1,4832 | 1,4814 | 1,4795 | 1,4777 | 1,4760 |
| 59 | 1,4742 | 1,4724 | 1,4706 | 1,4689 | 1,4671 | 1,4654 | 1,4636 | 1,4619 | 1,4602 | 1,4585 |
| 60 | 1,4568 | 1,4551 | 1,4534 | 1,4517 | 1,4500 | 1,4484 | 1,4467 | 1,4450 | 1,4434 | 1,4418 |
| 61 | 1,4401 | 1,4385 | 1,4369 | 1,4353 | 1,4337 | 1,4321 | 1,4305 | 1,4289 | 1,4273 | 1,4257 |
| 62 | 1,4242 | 1,4226 | 1,4211 | 1,4195 | 1,4180 | 1,4164 | 1,4149 | 1,4134 | 1,4119 | 1,4104 |
| 63 | 1,4089 | 1,4074 | 1,4059 | 1,4044 | 1,4029 | 1,4015 | 1,4000 | 1,3986 | 1,3971 | 1,3957 |
| 64 | 1,3942 | 1,3928 | 1,3914 | 1,3899 | 1,3885 | 1,3871 | 1,3857 | 1,3843 | 1,3829 | 1,3815 |
| 65 | 1,3802 | 1,3788 | 1,3774 | 1,3761 | 1,3747 | 1,3733 | 1,3720 | 1,3707 | 1,3693 | 1,3680 |
| 66 | 1,3667 | 1,3653 | 1,3640 | 1,3627 | 1,3614 | 1,3601 | 1,3588 | 1,3575 | 1,3563 | 1,3550 |
| 67 | 1,3537 | 1,3524 | 1,3512 | 1,3499 | 1,3487 | 1,3474 | 1,3462 | 1,3449 | 1,3437 | 1,3425 |
| 68 | 1,3412 | 1,3400 | 1,3388 | 1,3376 | 1,3364 | 1,3352 | 1,3340 | 1,3328 | 1,3316 | 1,3304 |
| 69 | 1,3293 | 1,3281 | 1,3269 | 1,3258 | 1,3246 | 1,3234 | 1,3223 | 1,3212 | 1,3200 | 1,3189 |
| 70 | 1,3177 | 1,3166 | 1,3155 | 1,3144 | 1,3133 | 1,3121 | 1,3110 | 1,3099 | 1,3088 | 1,3077 |
| 71 | 1,3067 | 1,3056 | 1,3045 | 1,3034 | 1,3023 | 1,3013 | 1,3002 | 1,2991 | 1,2981 | 1,2970 |
| 72 | 1,2960 | 1,2949 | 1,2939 | 1,2929 | 1,2918 | 1,2908 | 1,2898 | 1,2887 | 1,2877 | 1,2867 |
| 73 | 1,2857 | 1,2847 | 1,2837 | 1,2827 | 1,2817 | 1,2807 | 1,2797 | 1,2787 | 1,2777 | 1,2768 |
| 74 | 1,2758 | 1,2748 | 1,2739 | 1,2729 | 1,2719 | 1,2710 | 1,2700 | 1,2691 | 1,2681 | 1,2672 |
| 75 | 1,2662 | 1,2653 | 1,2644 | 1,2634 | 1,2625 | 1,2616 | 1,2607 | 1,2598 | 1,2588 | 1,2579 |
| 76 | 1,2570 | 1,2561 | 1,2552 | 1,2543 | 1,2534 | 1,2526 | 1,2517 | 1,2508 | 1,2499 | 1,2490 |
| 77 | 1,2482 | 1,2473 | 1,2464 | 1,2456 | 1,2447 | 1,2438 | 1,2430 | 1,2421 | 1,2413 | 1,2404 |
| 78 | 1,2396 | 1,2387 | 1,2379 | 1,2371 | 1,2362 | 1,2354 | 1,2346 | 1,2338 | 1,2329 | 1,2321 |
| 79 | 1,2313 | 1,2305 | 1,2297 | 1,2289 | 1,2281 | 1,2273 | 1,2265 | 1,2257 | 1,2249 | 1,2241 |
| 80 | 1,2233 | 1,2225 | 1,2218 | 1,2210 | 1,2202 | 1,2194 | 1,2187 | 1,2179 | 1,2171 | 1,2164 |
| 81 | 1,2156 | 1,2149 | 1,2141 | 1,2134 | 1,2126 | 1,2119 | 1,2111 | 1,2104 | 1,2096 | 1,2089 |
| 82 | 1,2082 | 1,2074 | 1,2067 | 1,2060 | 1,2053 | 1,2045 | 1,2038 | 1,2031 | 1,2024 | 1,2017 |
| 83 | 1,2010 | 1,2003 | 1,1996 | 1,1989 | 1,1982 | 1,1975 | 1,1968 | 1,1961 | 1,1954 | 1,1947 |
| 84 | 1,1940 | 1,1933 | 1,1926 | 1,1920 | 1,1913 | 1,1906 | 1,1899 | 1,1893 | 1,1886 | 1,1879 |
| 85 | 1,1873 | 1,1866 | 1,1860 | 1,1853 | 1,1847 | 1,1840 | 1,1834 | 1,1827 | 1,1821 | 1,1814 |
| 86 | 1,1808 | 1,1801 | 1,1795 | 1,1789 | 1,1782 | 1,1776 | 1,1770 | 1,1764 | 1,1757 | 1,1751 |
| 87 | 1,1745 | 1,1739 | 1,1733 | 1,1726 | 1,1720 | 1,1714 | 1,1708 | 1,1702 | 1,1696 | 1,1690 |
| 88 | 1,1684 | 1,1678 | 1,1672 | 1,1666 | 1,1660 | 1,1654 | 1,1648 | 1,1643 | 1,1637 | 1,1631 |
| 89 | 1,1625 | 1,1619 | 1,1614 | 1,1608 | 1,1602 | 1,1596 | 1,1591 | 1,1585 | 1,1579 | 1,1574 |

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| | 0,0 | 0,1 | 0,2 | 0,3 | 0,4 | 0,5 | 0,6 | 0,7 | 0,8 | 0,9 |
|-----|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 90 | 1,1568 | 1,1563 | 1,1557 | 1,1551 | 1,1546 | 1,1540 | 1,1535 | 1,1529 | 1,1524 | 1,1518 |
| 91 | 1,1513 | 1,1508 | 1,1502 | 1,1497 | 1,1491 | 1,1486 | 1,1481 | 1,1475 | 1,1470 | 1,1465 |
| 92 | 1,1460 | 1,1454 | 1,1449 | 1,1444 | 1,1439 | 1,1433 | 1,1428 | 1,1423 | 1,1418 | 1,1413 |
| 93 | 1,1408 | 1,1403 | 1,1398 | 1,1393 | 1,1388 | 1,1383 | 1,1378 | 1,1373 | 1,1368 | 1,1363 |
| 94 | 1,1358 | 1,1353 | 1,1348 | 1,1343 | 1,1338 | 1,1333 | 1,1328 | 1,1324 | 1,1319 | 1,1314 |
| 95 | 1,1309 | 1,1304 | 1,1300 | 1,1295 | 1,1290 | 1,1286 | 1,1281 | 1,1276 | 1,1272 | 1,1267 |
| 96 | 1,1262 | 1,1258 | 1,1253 | 1,1248 | 1,1244 | 1,1239 | 1,1235 | 1,1230 | 1,1226 | 1,1221 |
| 97 | 1,1217 | 1,1212 | 1,1208 | 1,1203 | 1,1199 | 1,1195 | 1,1190 | 1,1186 | 1,1181 | 1,1177 |
| 98 | 1,1173 | 1,1168 | 1,1164 | 1,1160 | 1,1155 | 1,1151 | 1,1147 | 1,1143 | 1,1138 | 1,1134 |
| 99 | 1,1130 | 1,1126 | 1,1122 | 1,1117 | 1,1113 | 1,1109 | 1,1105 | 1,1101 | 1,1097 | 1,1093 |
| 100 | 1,1089 | 1,1085 | 1,1080 | 1,1076 | 1,1072 | 1,1068 | 1,1064 | 1,1060 | 1,1056 | 1,1052 |
| 101 | 1,1048 | 1,1045 | 1,1041 | 1,1037 | 1,1033 | 1,1029 | 1,1025 | 1,1021 | 1,1017 | 1,1013 |
| 102 | 1,1010 | 1,1006 | 1,1002 | 1,0998 | 1,0994 | 1,0991 | 1,0987 | 1,0983 | 1,0979 | 1,0976 |
| 103 | 1,0972 | 1,0968 | 1,0965 | 1,0961 | 1,0957 | 1,0954 | 1,0950 | 1,0946 | 1,0943 | 1,0939 |
| 104 | 1,0935 | 1,0932 | 1,0928 | 1,0925 | 1,0921 | 1,0918 | 1,0914 | 1,0911 | 1,0907 | 1,0904 |
| 105 | 1,0900 | 1,0897 | 1,0893 | 1,0890 | 1,0886 | 1,0883 | 1,0879 | 1,0876 | 1,0873 | 1,0869 |
| 106 | 1,0866 | 1,0862 | 1,0859 | 1,0856 | 1,0852 | 1,0849 | 1,0846 | 1,0842 | 1,0839 | 1,0836 |
| 107 | 1,0833 | 1,0829 | 1,0826 | 1,0823 | 1,0820 | 1,0816 | 1,0813 | 1,0810 | 1,0807 | 1,0804 |
| 108 | 1,0800 | 1,0797 | 1,0794 | 1,0791 | 1,0788 | 1,0785 | 1,0781 | 1,0778 | 1,0775 | 1,0772 |
| 109 | 1,0769 | 1,0766 | 1,0763 | 1,0760 | 1,0757 | 1,0754 | 1,0751 | 1,0748 | 1,0745 | 1,0742 |
| 110 | 1,0739 | 1,0736 | 1,0733 | 1,0730 | 1,0727 | 1,0724 | 1,0721 | 1,0718 | 1,0715 | 1,0712 |
| 111 | 1,0710 | 1,0707 | 1,0704 | 1,0701 | 1,0698 | 1,0695 | 1,0692 | 1,0690 | 1,0687 | 1,0684 |
| 112 | 1,0681 | 1,0678 | 1,0676 | 1,0673 | 1,0670 | 1,0667 | 1,0664 | 1,0662 | 1,0659 | 1,0656 |
| 113 | 1,0654 | 1,0651 | 1,0648 | 1,0645 | 1,0643 | 1,0640 | 1,0637 | 1,0635 | 1,0632 | 1,0629 |
| 114 | 1,0627 | 1,0624 | 1,0622 | 1,0619 | 1,0616 | 1,0614 | 1,0611 | 1,0609 | 1,0606 | 1,0604 |
| 115 | 1,0601 | 1,0598 | 1,0596 | 1,0593 | 1,0591 | 1,0588 | 1,0586 | 1,0583 | 1,0581 | 1,0578 |
| 116 | 1,0576 | 1,0573 | 1,0571 | 1,0569 | 1,0566 | 1,0564 | 1,0561 | 1,0559 | 1,0556 | 1,0554 |
| 117 | 1,0552 | 1,0549 | 1,0547 | 1,0545 | 1,0542 | 1,0540 | 1,0537 | 1,0535 | 1,0533 | 1,0530 |
| 118 | 1,0528 | 1,0526 | 1,0524 | 1,0521 | 1,0519 | 1,0517 | 1,0514 | 1,0512 | 1,0510 | 1,0508 |
| 119 | 1,0505 | 1,0503 | 1,0501 | 1,0499 | 1,0497 | 1,0494 | 1,0492 | 1,0490 | 1,0488 | 1,0486 |
| 120 | 1,0483 | 1,0481 | 1,0479 | 1,0477 | 1,0475 | 1,0473 | 1,0470 | 1,0468 | 1,0466 | 1,0464 |
| 121 | 1,0462 | 1,0460 | 1,0458 | 1,0456 | 1,0454 | 1,0452 | 1,0450 | 1,0447 | 1,0445 | 1,0443 |
| 122 | 1,0441 | 1,0439 | 1,0437 | 1,0435 | 1,0433 | 1,0431 | 1,0429 | 1,0427 | 1,0425 | 1,0423 |
| 123 | 1,0421 | 1,0419 | 1,0417 | 1,0415 | 1,0414 | 1,0412 | 1,0410 | 1,0408 | 1,0406 | 1,0404 |
| 124 | 1,0402 | 1,0400 | 1,0398 | 1,0396 | 1,0394 | 1,0393 | 1,0391 | 1,0389 | 1,0387 | 1,0385 |
| 125 | 1,0383 | 1,0381 | 1,0380 | 1,0378 | 1,0376 | 1,0374 | 1,0372 | 1,0371 | 1,0369 | 1,0367 |
| 126 | 1,0365 | 1,0363 | 1,0362 | 1,0360 | 1,0358 | 1,0356 | 1,0355 | 1,0353 | 1,0351 | 1,0349 |
| 127 | 1,0348 | 1,0346 | 1,0344 | 1,0343 | 1,0341 | 1,0339 | 1,0337 | 1,0336 | 1,0334 | 1,0332 |
| 128 | 1,0331 | 1,0329 | 1,0327 | 1,0326 | 1,0324 | 1,0322 | 1,0321 | 1,0319 | 1,0318 | 1,0316 |
| 129 | 1,0314 | 1,0313 | 1,0311 | 1,0310 | 1,0308 | 1,0306 | 1,0305 | 1,0303 | 1,0302 | 1,0300 |
| 130 | 1,0299 | 1,0297 | 1,0295 | 1,0294 | 1,0292 | 1,0291 | 1,0289 | 1,0288 | 1,0286 | 1,0285 |
| 131 | 1,0283 | 1,0282 | 1,0280 | 1,0279 | 1,0277 | 1,0276 | 1,0274 | 1,0273 | 1,0271 | 1,0270 |
| 132 | 1,0269 | 1,0267 | 1,0266 | 1,0264 | 1,0263 | 1,0261 | 1,0260 | 1,0259 | 1,0257 | 1,0256 |
| 133 | 1,0254 | 1,0253 | 1,0252 | 1,0250 | 1,0249 | 1,0247 | 1,0246 | 1,0245 | 1,0243 | 1,0242 |
| 134 | 1,0241 | 1,0239 | 1,0238 | 1,0237 | 1,0235 | 1,0234 | 1,0233 | 1,0231 | 1,0230 | 1,0229 |
| 135 | 1,0227 | 1,0226 | 1,0225 | 1,0224 | 1,0222 | 1,0221 | 1,0220 | 1,0218 | 1,0217 | 1,0216 |
| 136 | 1,0215 | 1,0213 | 1,0212 | 1,0211 | 1,0210 | 1,0208 | 1,0207 | 1,0206 | 1,0205 | 1,0204 |
| 137 | 1,0202 | 1,0201 | 1,0200 | 1,0199 | 1,0198 | 1,0196 | 1,0195 | 1,0194 | 1,0193 | 1,0192 |
| 138 | 1,0191 | 1,0189 | 1,0188 | 1,0187 | 1,0186 | 1,0185 | 1,0184 | 1,0183 | 1,0181 | 1,0180 |
| 139 | 1,0179 | 1,0178 | 1,0177 | 1,0176 | 1,0175 | 1,0174 | 1,0173 | 1,0171 | 1,0170 | 1,0169 |
| 140 | 1,0168 | 1,0167 | 1,0166 | 1,0165 | 1,0164 | 1,0163 | 1,0162 | 1,0161 | 1,0160 | 1,0159 |
| 141 | 1,0158 | 1,0157 | 1,0156 | 1,0155 | 1,0154 | 1,0153 | 1,0152 | 1,0151 | 1,0150 | 1,0149 |
| 142 | 1,0148 | 1,0147 | 1,0146 | 1,0145 | 1,0144 | 1,0143 | 1,0142 | 1,0141 | 1,0140 | 1,0139 |
| 143 | 1,0138 | 1,0137 | 1,0136 | 1,0135 | 1,0134 | 1,0133 | 1,0132 | 1,0131 | 1,0131 | 1,0130 |
| 144 | 1,0129 | 1,0128 | 1,0127 | 1,0126 | 1,0125 | 1,0124 | 1,0123 | 1,0122 | 1,0122 | 1,0121 |
| 145 | 1,0120 | 1,0119 | 1,0118 | 1,0117 | 1,0116 | 1,0115 | 1,0115 | 1,0114 | 1,0113 | 1,0112 |
| 146 | 1,0111 | 1,0110 | 1,0110 | 1,0109 | 1,0108 | 1,0107 | 1,0106 | 1,0106 | 1,0105 | 1,0104 |
| 147 | 1,0103 | 1,0102 | 1,0102 | 1,0101 | 1,0100 | 1,0099 | 1,0098 | 1,0098 | 1,0097 | 1,0096 |